

# Anti – Bully Policy 2017









## Anti-bullying Plan





Our new policy...see website



# bystander

bristandə/noun

1.a person who is present at an event or incident but does not take part.

## upstander

English Noun upstander (plural upstanders); (verb upstand)

1.A person who stands up for something, as contrasted to a bystander who remains inactive.

2.(verb) Being willing to stand up and take action in defence of others: "Speak up, #upstand – stop bullying!"

Did you know that as a young person, you have 50% more chance of stopping school yard bullying (by standing up and telling the bully that it's not ok) than a teacher does?!? Boom!!!

## You can control what happens by following the action plan:

If you are being bullied or harassed in the playground ...

- take a deep breath,
- look directly into the eyes of the person attempting to bully you,
- speak in a firm, clear voice and say loudly, "Stop that, I don't like it!"
- go directly to your teacher (or the teacher on duty if you are in the playground) if the attempts to bully you don't stop and report what happened
- report to the Anti-Bully Station at lunch time

Any further incidents of bullying or threatening behaviour by the same person may result in him/her ...

- sitting on the jetty area in the playground or classroom
- being on detention to consider more appropriate behaviour
- being referred to the Principal and Student Welfare Committee
- having parents contacted by the school and informed of the bullying behaviour

If you witness bullying behaviour always challenge/report it.

## Remember ...it's up to you! Take control of the situation.

# When students, parents and staff work together we create a safe and caring environment.

*Students!* You can control what happens by ...

- following the action plan,
- not retaliating with physical or verbal bullying
- telling an older person

### Parents!

You can control what happens by ...

- watching for signs of distress in your child
- listening to your child
- giving assurance and support
- discussing the action plan with your child
- advising your child to tell a staff member
- informing your child's class teacher of suspected bullying
- attending interviews at school

### Staff!

You can:

- be role models in words and actions
- ensure students feel
  - safe and valued in the classroom
  - are listened to
- be observant of signs of distress or suspected incidents of bullying
- encourage students to ask for help when needed
- report bullying to the Student Wellbeing Tea

# Feeling safe and valued at.....



Valentine Public School

Our school community is dedicated to providing a safe learning environment where students feel valued and confident in their own personal development.

## BULLYING and HARASSMENT

Bullying is repeated oppression, psychological or physical, of a less powerful person or group of persons. (Rigby, 1996:15)

# You can control what happens!



TE

## TEACHER ANTI-BULLYING FLOW CHART

### CLASSROOM or PLAYGROUND

TE

#### Witnessed the behaviour

Acton all incidents or behaviour immediately.

#### Not witnessed the behaviour

#### Ask the student -What happened?

- If serious, stop the class and deal with the incident or behaviour.
- If low level ask the student how can you improve things for now. Discuss further at the end of the lesson.
- Possible short- term solutions
- Move them away from the situation.
- Move the other person(s).
- Time Out.
- Ask student for a solution.

#### At the end of lesson

Check in with the student. What may seem low level may be serious if it is the 50th incident in the week. •Deal with the situation

#### OR

Ask student to complete an Anti bullying, report form which should be forwarded to the Assistant Principal.
Refer to the AP or DP if it is a serious incident.
Make a SENTRAL ENTRY of the incident and action taken.

.

## Notified by student as a trusted Teacher

#### **Assist Student**

 Arrange a time to speak to student about their problem.
 Walk the student through possible strategies.
 Allow time for student to implement strategies and then meet again to review situation.

#### SOME SUCCESS

 Support the student in continuing with the strategies.
 Debrief success and help refine the implementation of strategies.
 Keep in contact for moral support.

#### NO SUCCESS or ALREADY TRIED STRATEGIES

1. Refer to Assistant Principal for intervention: a.Mediation. b. Non punitive intervention, for example mediation. c. Referral to AP or DP for Disciplinary Intervention. 2. Contact parents, make a. SENTRAL entry.

### Valentine Public School

## Anti-Bullying Report

Date of Incident: \_\_\_\_\_

Reported Before YES / NO

Report completed by:

Persons Involved: (Include Class)

Victim(s): \_\_\_\_\_

Offender(s): \_\_\_\_\_

Location: Tick all locations involved :

□ Classroom □ Library □ q1we □ Playground □ Bus □ Sport □ Off Site □ Other

Verbal	Physical	Social	Psychological
Teasing	Pushing		Hiding or damaging your property
		Ignoring	
Put Downs	Punching	Excluding	Social media, email, phone
Name Calling	Spitting	Getting others to ignore you.	Dirty or threatening looks
Insults			
	Inappropriate gestures		

Brief Description: This is not an incident report. Your full statement will be taken at interview.

# Bullying

- A bully is someone who hurts you or makes you feel sad everyday.
  Bullies make you feel upset, disappointed and angry.
  If someone is bullying you tell your parents or a teacher.
  At our school we have an anti
  - bullying station we can go to for help.
  - Never keep bullying a secret.

**By KK** 

On the 3<sup>rd</sup> day of June 2017, Valentine Public School students made a commitment to stand up to bullying in our school.

We all agree that bullying comes in many forms. Bullying is when a person or group of people constantly pick on you, target you to try and take your power away. It can affect your wellbeing and can lead to a dangerous state of being.

All 570 students and all staff united against bullying and agree that we will all stand up to bullying when we see or hear it. We agree to not target and to not exclude others in our classrooms and playgrounds because we are all equal and we all belong.

Together we can stand up against bullying at Valentine Public School as we connect, respect and inspire each other every day.