



Valentine Public School

Grapevine

Term 4 Week 4 2019

Connect Respect Inspire



What's on at VPS?

	Mon 11 th Nov	Tue 12 th Nov	Wed 13 th Nov	Thur 14 th Nov	Fri 15 th Nov
Term 4 Week 5		<ul style="list-style-type: none"> BYOD Parent Session 6-7pm P&C Meeting 7pm 	<ul style="list-style-type: none"> Brainstorm Production-Anti-bullying 	<ul style="list-style-type: none"> Kindergarten Orientation #4 2pm-3pm STEM Y6 Students @ WBHS 	
	Mon 18 th Nov	Tue 19 th Nov	Wed 20 th Nov	Thur 21 st Nov	Fri 22 nd Nov
Term 4 Week 6	<ul style="list-style-type: none"> Year 2 Intensive Swimming Grading Day 	<ul style="list-style-type: none"> Literacy Pro Information Night 4:30pm (All welcome) 		<ul style="list-style-type: none"> Grandparents Day 	<ul style="list-style-type: none"> Assembly 5S & 4H Hosts



From the Principal's desk

Dear Parents, Carers and Community,

Technology Addiction in Children and Teens

Last week I had the pleasure of listening to some amazing speakers at the Primary Principals' State Conference. One of them was **Brad Marshall**, the 'Unplugged Psychologist'. Brad is an expert in the field of assisting families with children or teenagers with addictive gaming and social media use. He has a 7 step plan to, in his words, to unplug and reclaim your kid's childhood (and save your family's sanity).

The 7 steps are:

1. Control the Wi-Fi
2. Avoid Guerrilla Warfare
3. Negotiate a Schedule
4. Always read the fine print
5. Name your price
6. Minimise mobile data
7. Lock it in
8. Negotiate a Schedule

If you're interested in finding out more, Brad has a book, "The Tech Diet for your Child and Teen." It will soon be available to borrow from our Wellbeing Parent Library.

Play is how children explore, discover, fail, succeed, socialize, and flourish. It is a fundamental element of the human condition. It's the key to giving schoolchildren skills they need to succeed--skills like creativity, innovation, teamwork, focus, resilience, expressiveness, empathy, concentration, and executive function.

Here is our Wellbeing Team's plan to prepare our school for NATURE Play in 2020.

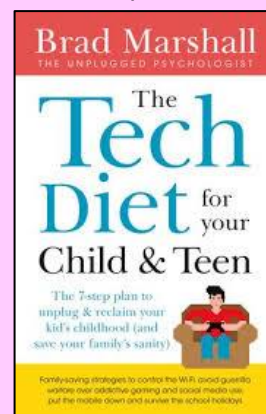
- Gates taken down, fence reconfigured, space cleared, sticks collected
- Evidence collected around the importance of play - <https://www.school-news.com.au/property/designing-a-nature-play-space-for-school/>
- Visits to local schools with Nature Play Space
- Team to meet to draft a wish list of needs and wants
- Concept plan of space created
- Naming competition
- PBL team to develop expectations around how to use space.
- Liaison with local companies to find resources for the space
- Look at how to implement duties
- Risk assessment developed – loose, unstable ground, high wind days
- Take to staff
- Present to students.
- PBL lesson about how to use the space

There will be opportunities for community to be involved in developing this exciting new space in our school.

Regards
Mrs Lee Saurins
Principal

What's Hot @ Valentine

- Our State Athletic representatives - what an achievement!
- Our Band and students coming together with Warners Bay High music students to sing and play together for the nationwide Music 'Count us In' event. Check out the NBN story featuring VPS!
- Sophie Carter- a winner again! First Place in the PAT Conroy Christmas Card Competition...look for her design in your letterbox
- Charlie Radvan and Daniel Leggett and their successful grade-based Handball Competition
- Our social club - caring for the wellbeing of our teachers during reporting time.
- The Band Halloween Disco- so much fun...thank you to the staff for volunteering to supervise: Mr Shoesmith, Mrs Lawrence, Ms Rampling, Mrs Lawson, Mrs Lynch, Mr Soorley and our fabulous Band Committee mums and volunteers...and of course the irrepressible Sonia!



SCHOOL NEWS



Wowzers!

Look at this beautiful artwork by our very talented students!

Mrs Winterbine has kindly decorated our office foyer pillows and canvases!

