



# Valentine Public School

Grapevine

Term 3 Week 1 2019

Connect Respect Inspire



## What's on at VPS?

Term 3 Week 2	Mon 29 <sup>th</sup> July	Tue 30 <sup>th</sup> July	Wed 31 <sup>st</sup> July	Thur 01 <sup>st</sup> Aug	Fri 2 <sup>nd</sup> Aug
	<ul style="list-style-type: none"> <li>Teen Talk (Y6)</li> </ul>	<ul style="list-style-type: none"> <li>Teen Talk (Y6)</li> <li>Hunter Region GATS Camp</li> </ul>	<ul style="list-style-type: none"> <li>Teen Talk (Y6)</li> <li>Zone Athletics</li> <li>Hunter Region GATS Camp</li> </ul>	<ul style="list-style-type: none"> <li>Zone Athletics</li> <li>S3 Spelling Bee Competition</li> <li>Hunter Region GATS Camp</li> </ul>	<ul style="list-style-type: none"> <li>Hunter Region GATS Camp</li> </ul>
Term 3 Week 3	Mon 5 <sup>th</sup> Aug	Tue 6 <sup>th</sup> Aug	Wed 7 <sup>th</sup> Aug	Thur 8 <sup>th</sup> Aug	Fri 9 <sup>th</sup> Aug
	<ul style="list-style-type: none"> <li>S3 Zone Public Speaking</li> </ul>	<ul style="list-style-type: none"> <li>S2 Zone Public Speaking</li> </ul>	<ul style="list-style-type: none"> <li>ES1 Zone Public Speaking</li> <li>NRL State KO Finals Sydney U10 &amp; U12</li> </ul>	<ul style="list-style-type: none"> <li>NSW PSSA State Athletics Trials for Nationals</li> <li>S3 Mystery Event</li> <li>Waste Warrior Workshop LMCC</li> </ul>	<ul style="list-style-type: none"> <li>S1 Public Speaking</li> <li>NAIDOC Day</li> </ul>



## From the Principal's desk

Dear Parents, Carers and Community,

Welcome back to what promises to be another amazing term at Valentine Public School. I have enjoyed taking leave, a chance to stop, step back and review and I am back with an even clearer vision for our school.

Our Staff Development Day was both rigorous and engaging. Our teaching staff worked with an expert in teaching pedagogy and in particular assessment. Brian Miller encouraged us to challenge our students further. This is the beginning of the work in our school that will see us identifying and making curriculum and learning adjustments for our students who are exceeding grade expectations.

*Intellect is valued at Valentine Public School.*

I would like to mention Sport. During the holiday break it was sad that I received information that some of our community chose to have a possibly less than respectful conversation on social media about our school being dominated by Sport and that our Celebration Assembly was dominated by Sport.

We will never apologise for the efforts and achievements of our students in any arena. This has always been a strong school in Sport in the region, but the last two years have been exceptional. Our sporting teams are a great example of true school spirit where students, teachers and parents work together. We also have levels of sport that are inclusive for all students. The sportsmanship is also exemplary and consistent. Sport does not dominate this school and I would invite anyone who questions this to come along to any game and see the high standards we uphold.

Our celebration assembly has a variety of awards; academic, environmental and art as well as social. We do not need to try another school's model and have an award for 'honesty' because our PBL system awards our children consistently for Respect, Connect and Inspire. We have just been selected to be part of a feature film on PBL as we are a high performing school in this area. While we will review our social media presence, I would ask any community member who is tempted to have these discussions online, to think first and if there is a real issue please contact the school and discuss. We are blessed that many of our staff step up in their own time, out of hours, and 'take on extra' to coach a team or run an art or environmental club but I fear that may dissipate if teachers cannot even take a well-deserved break without worrying about becoming an online target.

We are a Growth Mindset School and we would ask our community to be on board with that. We will celebrate both effort and achievement.

**Mrs Lee Saurins**  
Principal

## What's Hot @ Valentine

- Our new 'Mansion' Chook Pen
- PSSA Boys Touch Team and Coach Mrs Gaden
- Ms Duck, Ms Turnbull & Mrs Vale competing in Regional North Catalyst Lab Competition – they are finalists
- New teaching staff Mrs Main, Mrs Pankhurst and Ms Rampling
- Big thanks to the painters for the fabulous job in some of our Classrooms
- New drainage system around hall and senior classrooms
- Japanese classes have commenced
- Stage public speaking finals in action
- Our canteen volunteers
- Environmental team for providing fresh vegies to our school enabling us to excel in the Healthy Canteen Strategy



# SCHOOL NEWS

## 100 days of Kindergarten



### **MY COMMUNITY PROJECT GRANT**

Our School has submitted a community project grant to construct a multi-sports court for our students and community.

**Don't forget to vote! Click on the link.**

**Swansea electorate**

<https://mycommunityproject.service.nsw.gov.au/projects>



# Good for Kids good for life

## KEEPING ACTIVE IN WINTER

When kids come home from school during the cooler months there is less light for fun outdoor time to burn off energy. Less daylight hours and cooler temperatures does have to equate to more screen time (TV/video games).

Keeping activity is important for everyone even in the cooler months, and the Australian 24-Hour Movement Guidelines recommend that children get **at least one hour each day of physical activity**.

Try the following indoor activities:

- Make up a dance
- Try 'Just Dance' on a gaming console or YouTube
- Sign up to 'Go Noodle!' for free and move along to your favourite Go Noodle's
- Hula hooping or skipping
- Juggling
- Use the furniture to create an indoor ninja park or obstacle course
- Try a family fitness challenge, e.g. who can do the most push-ups, squats, sit ups, burpees
- Use a pair of socks or a balloon to play volleyball, tennis, soccer or football indoors



Image source: <https://picklebums.com/20-fun-ways-to-get-active-with-your-kids/>



**Health**  
Hunter New England  
Local Health District

[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>