



Valentine Public School

Grapevine

Term 3 Week 4 2019

Connect Respect Inspire



What's on at VPS?

	Mon 19 th Aug	Tue 20 th Aug	Wed 21 st Aug	Thur 22 nd Aug	Fri 23 rd Aug
Term 3 Week 5	▪ Book Week	▪ Book Week	▪ Book Week ▪ S3 Newcastle Permanent Math Competition ▪ KINDER 2020 Expo 6.30pm-7.30pm	▪ Book Week Parade 9.45am-11.25am K-6	▪ Book Week
	Mon 26 th Aug	Tue 27 th Aug	Wed 28 th Aug	Thur 29 th Aug	Fri 30 th Aug
Term 3 Week 6		R.E.A.L. Excursion	▪ Year 5 Leadership Seminar ▪ Multicultural Perspective Public Speaking Regional Finals	▪ Father's Day Stall	▪ Hunter Athletics ▪ Premier Reading Challenge Ends ▪ Father's Day Stall ▪ K-6 Assembly KC & 6M Hosts

From the Principal's desk...



Dear Parents, Carers and Community,

In this school we are so lucky to not have any issues with students with social media and mobile phone use but it is always a good idea to stay informed. Please know that the DoE has fabulous resources to guide students, teachers and parents around this complex area of our lives. The link below will take you to the website full of information and guidance if you wish to explore to find out more - **"It's not all about the likes"**.

How your digital behaviour affects you and others.

<https://www.digitalcitizenship.nsw.edu.au/>



Congratulations to our Rugby Union team who just took out the state quarter final 46-0. What an amazing effort - another team off to state championships in Week 7. Thank you Mrs Rich, Mr McRae & Mr Hansen.

Our Stage 1 students had a wonderful time this week enhancing their learning at Awabakal Environmental Centre. They had a fabulous time exploring and getting their hands dirty and once again we were congratulated on their exemplary behaviour. Well done Stage 1 and thank you to the teachers for organising such a rich experience for our students.

It was so exciting to have NBN here on Monday as a group of our talented students participated in the Junior Journo's program. Look forward to seeing VPS featured on the 6pm NBN news on Tuesday 20th August 2019.

We are so proud of our four boys representing at National level in Rugby League and AFL. What an amazing achievement, this is the pinnacle of school sport. Go Valentine!

Mrs Lee Saurins
Principal

What's Hot @ Valentine

- The dumplings in our canteen.
- Cheer Club excitement.
- Austin from Kindergarten being No 4 in the world in Matific.
- Our 3 teachers in the Catalyst Team – they are on fire!
- Our 3 interns – they are amazing young pre-teachers.
- Presentation Day date: **Friday 13th December 2019.**
- Our new Kindergarten students. Orientation processes are starting.
- Kinder Expo – This coming Wednesday night
- Mr Shoesmith's plans for a drumming group.

SCHOOL NEWS

LOOK!
At our Catalyst Team
hard at work on their
Design Sprint phase!
Good luck ladies



CIS
SCHOOLS



VPS UNIFORM SHOP News Term 3 2019 !!

* Commencing 19th August 2019, VPS Uniform shop hours are as follows:

During Term : Tues 8.30am -11.00am , Thurs 2.00pm - 4.00pm

* Due to Kindy Orientation night on Wednesday, 21st August, the uniform shop will be closed on Thursday, 22nd August. Parents can still place their uniform orders online. <http://www.cisschools.com.au/VPS>

Term 3 Wk 4

Good for Kids good for life

FUNDAMENTAL MOVEMENT SKILLS MASTERING THE KICK



The kick is a manipulative striking skill characterised by producing force from the foot to an object. The stationary place kick involves kicking an object which is still. It is basic to kicks used in all football codes. It is also important for foot-eye coordination.

Steps to practice at home:

- Stabilise and raise the ball off the ground by placing it on a bean bag or a roll of masking tape.
- Place a mark on the ball and ask the child to focus on that as they approach the ball to kick.
- Focus on kicking the ball for distance rather than accuracy.
- Place chalk on the child's shoelaces so that a mark is left on the ball after it has been kicked.
- Use a beach ball, balloon, or a ball that is soft, flat or partially deflated.
- Practice kicking the ball against a wall.
- Demonstrate, running up to kick the ball.
- Introduce accuracy by kicking to a partner or target, or into a goal.
- Practise kicking with either foot.

Source: Get Skilled, Get Active and Live Life Well @ School © State of NSW, Department of Education and Communities, 2012



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>